

## **Aspects of the Art of Medicine**

MDU 4008

Fall 2021

Tuesdays

Period 9, 4:05 pm – 4:55 pm

Period 10, 5:10 pm – 6:00 pm

Room L1-101

### **Course Directors/Instructors:**

Course Director: Peter P. Sayeski, Ph.D.

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Office Hours: Email to set up an appointment.

Co-Course Director: Danielle Thomas, M.Ed.

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Office Hours: Tuesdays from 3pm-5pm; and otherwise by appointment.

### **Instructors**

Beverly Dede, Ph.D.; Beverly@ufl.edu

David Feller, M.D.; dbf@ufl.edu

James Gorske; jgorske@ufl.edu

Laura Guyer, Ph.D.; lkgyer@ufl.edu

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Danielle Thomas, M.Ed.; dthomas7@ufl.edu

### **Course Description**

This course is a two-credit course offered to third year students in the Medical Honors Program (MHP). The course is an introduction to the essential competencies needed to practice the art of medicine; it is designed to assist third year students in the MHP for a successful transition to medical school at the UF College of Medicine. The course will provide the necessary knowledge, skills, and experiences to be successful personally, professionally, and academically during their medical education and beyond.

The Medical Honors Program (MHP) is a an accelerated 7-Year B.S./M.D program offered by the University of Florida. MHP Students who successfully meet the academic and co-curricular requirements will matriculate in the UF College of Medicine.

<http://mhp.med.ufl.edu/>

### **Course Objectives and Learning Outcomes**

The course is a discussion-based seminar designed to facilitate a successful transition for third year undergraduate students in the MHP in to medical school at the UF College of Medicine; major goals are to assist students with the development of professional standards and competencies including cultural competency, teamwork, leadership and exploration of careers/specialties within medicine. The course will enable students to learn about medicine from a historical perspective through current status. The course is delivered in a multi-faceted approach and will prepare third year students to become responsible, active, culturally competent physicians. Moreover, the course will emphasize the importance of personal, professional and intellectual integrity. There will be reading and individual work components. Successful completion of the class will include completion of projects, reflection essays, in-class presentations, and active class participation.

### **Course Outcomes**

Upon completion of this course, students will be able to:

- Articulate the importance of becoming engaged in the community, so that mutual trust is created in order to effectively impact community members
- Establish short and long-term goals with regard to personal, academic and co-curricular achievements
- Make responsible and positive decisions related to personal wellness
- Comprehend the history of medicine until the current status
- Understand the place of research in medical practice
- Develop and implement learning strategies which promote academic success and decrease anxiety
- Engage in self-directed learning and problem-solving techniques
- Utilize the tools of reflection, self-assessment, and self-regulation for the purposes of improving academic performance and managing emotional intelligence
- Demonstrate professional communication and professional dress
- Identify careers in medicine appropriate to personal characteristics, skills, interests and goals
- Display mature interpersonal relationships with peers, faculty and patients
- Respectfully accept and provide feedback

**Required texts: TBD**

### **Course Policies**

**Class Attendance and Make-Up Policy**

In order for this class to function properly and be meaningful, attendance and active participation is expected from all students. Showing up to class but not contributing to discussions or activities will result in a loss of participation points. Likewise, arriving late or leaving early will cost you participation points for that day.

Absences due to extenuating circumstances such as a family emergency, serious illness, or observances of a religious holiday will be considered on a case-by-case basis. Excused absences will require pre-approval and are consistent with university policies in the undergraduate catalog

(<https://catalog.ufl.edu/ugrad/current/regulations/info/attendance.aspx>) and require appropriate documentation.

Each unexcused absence will result in a 5 point reduction in the attendance grade.

You are expected to turn in all assignments on the due date noted in the Class Agenda. For each class meeting that an assignment is late, your grade for that assignment will be reduced by 10 percent.

Students who can demonstrate that they were unable to submit an assignment by the deadline due to an excused absence and who can provide appropriate documentation for the absence will be given one week to make up the late work.

#### Students Requiring Accommodations

Students with disabilities requesting accommodations should first register with the Disability Resource Center (352-392-8565, [www.dso.ufl.edu/drc/](http://www.dso.ufl.edu/drc/)) by providing appropriate documentation. Once registered, students will receive an accommodation letter which must be presented to the instructor when requesting accommodation. Students with disabilities should follow this procedure as early as possible in the semester.

#### Course Evaluation

Students are expected to provide feedback on the quality of instruction in this course by completing online evaluations at <https://evaluations.ufl.edu>. Evaluations are typically open during the last two or three weeks of the semester, but students will be given specific times when they are open. Summary results of these assessments are available to students at <https://evaluations.ufl.edu/results/>.

#### Class Demeanor and Professionalism

Students are expected to arrive to class on time, prepared to participate in all class activities, as well as submit any assignments that are due that day. Students are expected to behave in a manner that is respectful to the instructor and to fellow students. In return, you have the right to expect that your instructor will come ready to teach. Emails will be answered and graded assignments will be returned in a timely manner.

One purpose of this class is to create a safe environment where everyone is encouraged to share their opinions, perspectives, emotions, and aspirations in class discussions. Please respect your classmates and colleagues by maintaining confidentiality and not discussing this information outside of the classroom. Any student exhibiting rude or disrespectful behavior will be asked to leave class and will lose participating points for that day.

Cell phones and other electronic devices, including laptop computers, are NOT permitted for use during class unless otherwise noted. Please restrict eating to outside of the classroom. Your professional life as a physician begins NOW. Therefore, the attire for class is casual or business casual; please do not attend class in your pajamas.

### Materials and Supplies Fees

There are no additional fees for this course.

### **University Honesty Policy**

UF students are bound by The Honor Pledge which states, “We, the members of the University of Florida community, pledge to hold ourselves and our peers to the highest standards of honor and integrity by abiding by the Honor Code. On all work submitted for credit by students at the University of Florida, the following pledge is either required or implied: “On my honor, I have neither given nor received unauthorized aid in doing this assignment.” The Honor Code (<https://www.dso.ufl.edu/sccr/process/student-conduct-honor-code/>) specifies a number of behaviors that are in violation of this code and the possible sanctions. Furthermore, you are obligated to report any condition that facilitates academic misconduct to appropriate personnel. If you have any questions or concerns, please consult with the instructor or TAs in this class.

### **Counseling and Wellness Center**

Contact information for the Counseling and Wellness Center:

<http://www.counseling.ufl.edu/cwc/Default.aspx>, 392-1575; and the University Police Department: 392-1111 or 9-1-1 for emergencies.

### **Assignments and Grading**

Grades are issued based on the total points earned for class attendance, participation, and completion of assigned readings, self-assessments, presentations, assignments, and activities. Grades will not be negotiated or curved. This means you should invest time in preparing for class and submitting your best effort on all assigned work. Since this is a college-level course, you are expected to write in a scholarly manner using proper grammar, punctuation, and sentence structure. All assignments must be typed unless otherwise noted. Details for each assignment will be discussed in class and emailed to you.

Below are the assignments and grading system will be used for this course:

Assignment	Point Value	My Grade
Assignment #1	15	
Assignment #2	15	
Assignment #3	15	
Assignment #4	15	
Mission Statement	10	
Research Presentation	10	
Class Attendance/Participation	20	
<b>Total</b>	<b>100</b>	

Grading Scale	
Percent	Grade
93.4-100	A
90.0-93.3	A-
86.7-89.9	B+
83.4-86.6	B
80.0-83.3	B-
76.7-79.9	C+
73.4-76.6	C
70.0-73.3	C-
66.7-69.9	D+
63.4-66.6	D
60.0-63.3	D-
<60	E

More information on grades and grading policies is here:

<https://catalog.ufl.edu/ugrad/current/regulations/info/grades.aspx>

### **Class Agenda**

*Schedule and assignments below are subject to change. Modifications to the class agenda and/or make-up work may be necessary in the event of a University closure. Check your email regularly for updates!*

Day	Topic/Activity	Instructor(s)	Readings for Class	Due Today
8/24	Intros, the MHP and 4008; ID Ambassador, Alum, and FB	Ms. Thomas Dr. Sayeski	Confirmed Confirmed	
8/31	Learning Strategies Wellbeing and COM Resources	Mr. Gorske Dr. Dede	Confirmed 4pm Confirmed 5pm	
9/7	Historical Errors in Medicine Untreatable Diseases	Dr. Quillen	Confirmed	
9/14	Giving Bad News End of Life Care Professionalism/Boundaries	Dr. Quillen	Confirmed	Assignment #1
9/21	Time Management Planning Ahead	Ms. Thomas	Confirmed	
9/28	Equal Access and the Underserved	Dr. Guyer	Confirmed	
10/5	The Coddling of the American Mind	Dr. Sayeski		Assignment #2
10/12	Leadership; Define your WHY	Dr. Sayeski		
10/19	Leadership: Traits & Personality	Dr. Sayeski		
10/26	Imposter Syndrome and Bias	Dr. Tuli	Confirmed	Assignment #3
11/2	Complementary and Alternative Medical Practices	Dr. Feller	Confirmed 4:30 pm start	
11/9	Communication & Teamwork Branding Yourself Professionalism	Ms. Thomas Mr. Johnson	Confirmed Confirmed	
11/16	Leadership; Top 10	Dr. Sayeski		Assignment #4
11/23	No Class; Thanksgiving Holiday			
11/30	Leadership: Going Forward	Dr. Sayeski		
12/7	Research Presentations #1	Dr. Sayeski		Mission Statement

